October 31

Psalms 46:10

Be Still

Be still,
and know
that I am God:
I will be exalted
among the
heathen,
I will be exalted
in the earth.

Be Still

Sometimes we may become so full of activity that we do not recognize just how unstill and less-than-tranquil we have actually become.

Whether it be working to make

a living or working to make a fortune, or caring for families, or enjoying leisure and entertainment, or even in religious activities, we can be very busy. In this verse, we hear the words,

“be still”. What does that mean?

Still is not necessarily being physically motionless or immobile. Stillness, here, is a mental state of calm expectation.

It is personal tranquility in the presence of God. This kind of *being still* is deep reverence which yields deep revelation.

When we become the biblical kind of

still, we will know
the Almighty—
really THE
Almighty.
That is when
God will be
exalted among
heathens.

That is when God
will be exalted

throughout earth. How so? Our stillness will be reflected in our lives such that our thinking will change from world-think to God-think. Our attitudes and actions will change from self-focus to

God-focus. That is a condition which can bring about the exaltation of God among rejecters and haters of Christ.

This is not any stillness of *vegetating* in front

of a T.V., tablet, phone, game console, or computer screen. Neither is it sitting with legs folded and arms out while chanting. This quietness happens when True Followers of

God stop, get off the world's busying and entertaining merry-go-round, and go into the quiet tent away from the fairgrounds that he and she may be enlightened by YHVH.
When those who

profess to be children of the most High regularly become *THIS* kind of STILL, God is praised.

ONE A DAY
SCRIPTURE
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PRAYER